



**ESCOM and  
Marin County  
Commission on Aging  
Computer Training  
for Marin Adults**



ESCOM (Emeritus Students College of Marin) and Marin County Commission on Aging are partnering with Senior Planet to offer programs on computer topics to all older adults in Marin.

These in-person programs are being offered at many places in Marin, including College of Marin and West Marin locations.

**All lectures are free to all.**

**To register for any class, go to:**

<https://lp.constantcontactpages.com/sv/f7jryly>

**August 11: Ride Sharing Apps**

**How to use ride-sharing apps to get on-demand rides**

**2:00 - 3:15 pm**

College of Marin - Kentfield Center (Student Services Bldg, SS 111)  
835 College Avenue, Kentfield

**August 25: Mobile Health Apps**

**How to monitor steps, distance, medical services**

**2:00 - 3:15 pm**

College of Marin - Indian Valley Center (Bldg 10)  
1800 Ignacio Boulevard, Novato

**September 8: Messaging Apps**

**Using text messaging, iMessage, Google Chat, other apps**

**2:00 - 3:15 pm**

College of Marin - Kentfield Center (Student Services Bldg, SS 111)  
835 College Avenue, Kentfield

**September 29: Intro to Heart Rate Monitoring Apps**

**What apps are available, how do they help us**

**2:00 - 3:15 pm**

College of Marin - Indian Valley Center (Bldg 10)  
1800 Ignacio Boulevard, Novato