ESCOM NEWSLETTER JOURNAL

AUGUST 2018

Emeritus Students College of Marin

Lifelong Learning, Lifelong Doing,
Lifelong Friendship



Photo and Haiku, Laura Mulholand

From the ESCOM President

Already 2018 has proven a year full of social engagement and friendship for Emeritus members at the College of Marin. Our clubs and events, Author's Series, Winter and Summer meetings, our new Member's Coffees and our wildly successful annual Mini-Medical, as well as the rich diversity of COM classes, have packed our schedules.

On a personal note, I want to offer my gratitude to each and every one of you who donate members and officers; committee chairs, club leaders, staff our events, work the volunteer desks in our ESCOM

centers, and produce our member communications keep ESCOM alive.

I am also indebted to a small group of very long-term members, the entire staff of College of Marin's Community Education, and the leadership team and Board of Trustees of the College of Marin, who tirelessly works behind the scenes and look out for the general well being of ESCOM, its longevity and success.

If you'd like to volunteer please call us at 415/485-9652, or send us a note [escom@marin.edu], or drop by one of our campus offices.

In the meantime, enjoy the rest of your summer. We look forward to resuming this engaged, exciting and active year in the fall.

-- Anne Pearson, ESCOM Council President

Join Us!

Member Coffee on Aug. 20

Building 10, Room 140

Indian Valley Campus

For more info and to RSVP

visit: escomnews.com/rsvp

(use password: rsvp)

POETRY

Eve

The apple of self-awareness
is one we all hunger to bite

For in its opposite of squareness
we find illuminating light
Ask Eve, the mother of all
if bareness is her glory

She'll tell you I'm having a ball
The apple of truth is my story

-- Louise Potter Yost

Hocus Potus

Your promises are shallow,

empty vessels feigning truth,

beneath an orange crown.

While cheering throngs encourage,

early twitters soon portray

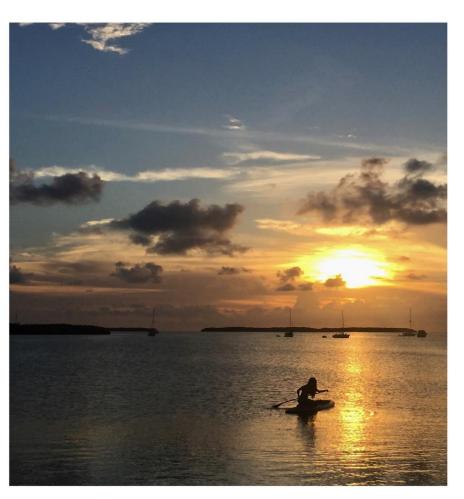
raw hubris running wild.

This test of national sanity

may founder in its infancy:

Democracy on trial.

-- Deidre Silverman



Gary Rivera, Sunset

ght, LCSW, Ph.D., has nded Patients for Change, Many College of Marin

Many College of Marin
Community Education classes
are discounted for ESCOM
members. Registration for the
fall semester began on July
30. If you did not receive a
catalogue, you can pick up a
copy in the Student Services
buildings or ESCOM offices on
either campus or view it online
at:

https://marincommunityed.aug usoft.net

MEMBER NEWS: Dr. Susan Wright, LCSW, Ph.D., has founded Patients for Change, a Marin based non-profit organization that addresses the difficulties facing patients seeking satisfaction in today's growing and often difficult to navigate health care system. She would love to hear from anyone who is interested in learning more to contact her at info@patientsforchange.org, or visit the website at: http://www.patientsforchange.

org

IN MEMORIUM

Theodore (Teddy) Preovolos

A dentist by profession, Teddy loved politics and shared his time with many charitable causes. Teddy served on the ESCOM Council and sat on the Curriculum Committee. He was a kind and caring man and an active and engaged member of Emeritus who led the Current Events Club and contributed both his insight and humor to all his endeavors. He was a devoted runner who loved running on Mt. Tam and he would always invite you along on his runs.

Coleman (Cole) Posard

Longtime Emeritus member, Cole sat on the Council with his wife Donna. He was a strongly principled man, who believed deeply in civil rights, and was able to share these beliefs as leader of the popular Moral and Ethical Roundtable Club. Cole was always willing to lend a hand and to represent the ESCOM voice at the College of Marin Board of Trustee meetings. A passionate pursuer of art, literature, theatre, philosophy and friendship, Cole designed the newsletter and created our original motto, "Lifelong Learning, Lifelong Friends."



Marcia Cannon, Rock Formations

Wes Huss

For a number of years in his 90's Wes was the volunteer host in ESCOM's Kentfield Campus office for a few hours each Wednesday afternoon, an activity that allowed him to continue his life of service. He took pride in interacting with ESCOM members, College staff, and anyone seeking information or assistance, and pleasure in the walk from his nearby home and his occasional cafeteria stops. A year prior to his demise Wes was still active. His entry in the ESCOM 2016 Haiku Content shared first prize with another entry.

2018 SCHOLARSHIP AWARDS

I have been the chair of the ESCOM Scholarship Committee for at least four years, and I so love doing this. In April it was my pleasure to read 63 four-page scholarship applications submitted to the College of Marin's EOPS, (Economic Opportunities Programs and Services), a nationwide program that serves needy students on thousands of college campuses.

Though I am involved in numerous volunteer jobs, this is by far my favorite and most exciting. Reading the applications renews one's faith in humanity. These students overcome hurdles that make your eyes bulge. Some come from abusive families, others are immigrants who just years ago did not speak any English. Some are single parents, most struggle with crippling poverty, and many care for parents or other family members. All of the scholarship recipients work approximately 10-40 hours a week in addition to attending their classes. Most also do volunteer

work in their community.

I am proud to say that ESCOM donates \$4,000 to the scholarship program each year. This year the EOPS committee, which consists of myself and approximately seven COM staff members associated with these students, voted to award 15 \$1,000 scholarships as well as 25 \$250 scholarships to those who in May earned their AA degrees at COM.



Laura Milholland, Where's Lunch?

It was only a few years ago, that the father of EOPS director, Becky Reetz, baked cookies to raise the first source of money for these scholarships at COM. Now, ESCOM is one of many other donors including individual private donations and funds from the COM Advancement office and Foundation. Becky's father still bakes cookies to support these students as they study in the EOPS center on the 2nd floor of the library. -- Marlene Knox, Scholarship Chair

ESCOM Members Summer Meeting



Photo, Rosie Echelmeier

It was another successful summer gathering of ESCOM members and friends on June 23. An enjoyable way to spend part of a summer's day, we shared good food and conversation, heard some updates from the Council, and had fun with a trivia contest led by special guest and Marin's trivia expert, Howard Rachelson.

If you haven't joined us for one of these twiceyearly member luncheon/meetings, please try to join us next time. Our winter gathering will be held in the hall at St Johns in Ross on December 1. Always a non-denominational winter meeting, it's the perfect time to celebrate our successes of the year.

If anyone has suggestions for our events, or would love to help in any way, please contact me.

-- Rosie Echelmeier, ESCOM Hospitality Chair rosieechelmeier@comcast.net

ESCOM Newsletter Journal

The ESCOM Newsletter Journal, a publication of the Emeritus Students, College of Marin, is published on alternate months online. A limited number of hard copies are available in the ESCOM Campus offices on the College of Marin Kentfield and Indian Valley campuses. ESCOM members are invited to submit news items, ideas, or creative works, such as art, photography, poetry and fiction, of no more than 300 words. The deadline for each issue is the 15th of the prior month. Submissions or questions and comments should be addressed to the editor. denizespringer@gmail.com

ESCOM Council

Anne Pearson, President

Luanne Mullin, Vice President

Toni Middleton, Treasurer

Abe Farkas, Bev Munyon, Bill Raffanti, Jim Moore, Gini Moore, Bobbie Steger, Lillian Hanahan, Paul Tandler, Denize Springer, Pat Ryan

ESCOM Centers

Indian Valley campus: 1800 Ignacio Blvd., Bldg. 10 Rm. 40, Novato, CA 94949

Kentfield Campus: 835 College Ave., Student Service Bldg. Rm. 146, Kentfield, CA 94904

415/ 485-9652 escom@marin.edu

2018 ESCOM COUCIL ELECTION

Thanks to all who voted this year.

Anne Pearson was elected President, and Luanne Mullin was elected Vice President, each for another one-year term.

Re-elected to Council seats for another twoyear term were: Bev Munyon, Toni Middleton, Paul Tandler, Jim Moore and Gini Moore. Teddy Preovolos was also re-elected, though much to our sadness, he passed away in April.

Candidates elected to open Council seats were: Pat Ryan and Denize Springer. Each will serve a two-year term.



Mark Corlett, Blossoms

NEXT NEWSLETTER DEADLINE is SEPT. 15

Send photography articles and creative writings to denizespringer@gmail.com

NEW CLUB: FOOD GLORIOUS

FOOD! 4th Tuesday each month 1.00 - 3.00 pm. IVC campus, Building 10



Anyone with a passion for friendship, and all things food are invited to join the Food Glorious Food club's monthly meeting on the Indian Valley College Campus. The group will discuss books, see movies, visit restaurants, and, of course sample foods.

"We hope to foster the idea that food can smooth and facilitate community and friendship," said Diana Davis, who came up with the idea for the club with Jackie Dagg last spring.

The group shared their favorite Italian recipes and discussed Frances Mayes'
Under the Tuscan Sun at the July meeting.
Their inaugural meeting in June featured the writings and recipes of Julia Child.

For more information, contact Diana Davis at 425-897-4844 <u>calekdiana@yahoo.com</u> or Jackie Dagg at 415-454-0611 jkd123@hotmail.com